

the exact relationships are between α -adrenergic and 5-hydroxytryptaminergic receptors on vascular smooth muscle cells of the hypertensive blood vessel wall.

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The hypotensive action of ketanserin

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In the reply to our letter Professor Vanhoutte and Dr Van Nueten acknowledge that unequivocal evidence demonstrating a role of 5-hydroxytryptamine in hypertension in man is not available and that the α_1 -adrenoceptor blocking action of ketanserin may contribute to its hypotensive action. They also quite rightly point out that the relative importance of ketanserin's blocking action on α -adrenoceptors and 5-HT receptors in the hypertensive blood vessel wall remains to be determined (Vanhoutte & Van Nueten 1983). This was precisely the reason for the main suggestion in our original letter (Humphrey et al 1982) that a 5-HT-receptor antagonist without α -adrenoceptor blocking activity should be tested clinically. Parenthetically it does not seem important in this context whether the 5-HT receptor involved is named a "D" or a "5-HT₂" receptor, although it is of academic interest. What is important, as we previously pointed out, is that other 5-HT₂- or D-receptor blocking drugs are clinically available but they are not used as antihypertensive agents. Whether this is because such drugs also have a concomitant agonistic effect which counterbalances any hypotensive effect is a matter of conjecture. It could

equally be postulated that ketanserin, unlike the other 5-HT antagonists, has an additional hypotensive action as yet unidentified which is distinct from its 5-HT-receptor and α -adrenoceptor blocking activity. Since ketanserin is not unique in blocking receptors for 5-HT in the vasculature (Humphrey et al 1982; Cohen et al 1983) it seems unreasonable at present to assume that its efficacy alone in any given cardiovascular condition is evidence for the pathological involvement of 5-HT, a view shared by others (e.g. see Millar et al 1982; Reimann & Frölich 1983).

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